

In today's highly competitive game, athleticism is not enough to ensure success on the basketball court. Many players possess athletic talent, but few have mastered the basic fundamentals that set them apart from the rest. If your game includes well-honed fundamentals, you WILL get noticed and you WILL get more playing time. Without solid fundamentals, your playing career will struggle.

Individual training is an effective means for a player to improve. HOOPZONE Basketball helps players improve their game through private & semi-private training sessions. We work closely with each player, parent, and coach to develop and implement training programs that provide measureable results. Players, coaches and parents can request the trainer focus on specific skills the player is looking to improve.

This coaching environment allows for the tailoring of drills and techniques to suit the individual's goals whether that is wanting to make a team, get more playing time, or develop basic fundamentals. Each 45-minute session is structured to improve and build upon your current level of play. Private or semi Private sessions are available.

Our lessons are for boys and girls ages 9 and up who want to improve their basketball game. Our goal is to make you a better player, regardless of your current skill level. Through the use of private instruction, we will provide you with the skills and techniques that can be put to use immediately and RAISE YOUR GAME TO THE NEXT LEVEL!



## Some of the skills emphasized include:

- ► Shooting Form & Accuracy
- ► Ball-Handling
- ► Post & Perimeter Play Moves
- ► Moving Without the Ball & Getting Open
- ► Rebounding
- ► Perimeter and Interior Passing
- ► Setting and Using Screens

**Private training** is nice when an athlete wants one on one time with the coach. Pick apart the weak areas and rebuild through consistent fundamental repetition. You will improve your conditioning and fundamental basketball skills working one-on-one with an experienced trainer!

**Semi-Private training** is an extremely effective way to improve basketball skills by offering intense workouts, enabling learning to occur at a fast pace. Two players work hard to push each other to improve basketball skills under the guidance of an experienced trainer.

## **FREE Player Evaluation**

Each player who signs up for a "Six Lesson Package" will receive a free player evaluation to assess the player's current basketball skills. Goals are set for each player. A customized training plan is developed starting with basic fundamental drills and progressing to higher level drills based on each player's development.

- ✓ Improve Shooting!
- **✓** Improve Ball-handling!
- ✓ Improve Footwork!
- ✓ Improve Passing!
- **✓** Improve Player Confidence!

For more information on private and semi-private basketball lessons and our fees go to www.hoopzonebasketball.com/campsprivate.

"HOOPZONE Basketball, a great place to start, a great place to stay, a great place to be!"

Good luck with your game,

Coach O