

# HOOPER TIME

Activity book for our young hoopers and their families

[www.hoopzonebasketball.com](http://www.hoopzonebasketball.com)

Basketball is a sport that is played on an indoor or outdoor court by two teams of five players. The object of the game is to score the most points by shooting a ball through a basket, or hoop.



Basketball was invented in Springfield, Massachusetts by a teacher by the name of James Naismith. At the school he was asked by the physical education teacher to invent a new indoor game, which could be played during the cold winter months in Massachusetts. He started working on the idea in December 1891. His ideas came from other sports he played as a child. Their favorite game "Duck on the Rock" involved one boy guarding the duck from the other boys throwing stones at the rock.

On December 21, 1891, Naismith tried his new game by using five base ideas and thirteen rules. That day he asked his class to play a game, nine versus nine, using a soccer ball and two peach baskets. Someone suggested calling the game "Naismith Game" because he was the inventor, but he suggested calling it "basket ball" because it involved a ball and basket. The peach baskets were closed so therefore the ball had to be retrieved manually by someone using a stair. Later they would cut a small hole in the peach baskets so someone could use a stick and poke the ball out. The soccer ball was replaced by a Spalding ball, and in 1906, metal hoops, nets and boards were introduced. Also the players couldn't move; they had to just pass the ball, there was no dribbling.

**Visit [hoopzonebasketball.com](http://hoopzonebasketball.com) to learn about basketball basics 101, skills, drills, plays, tips and much more!**

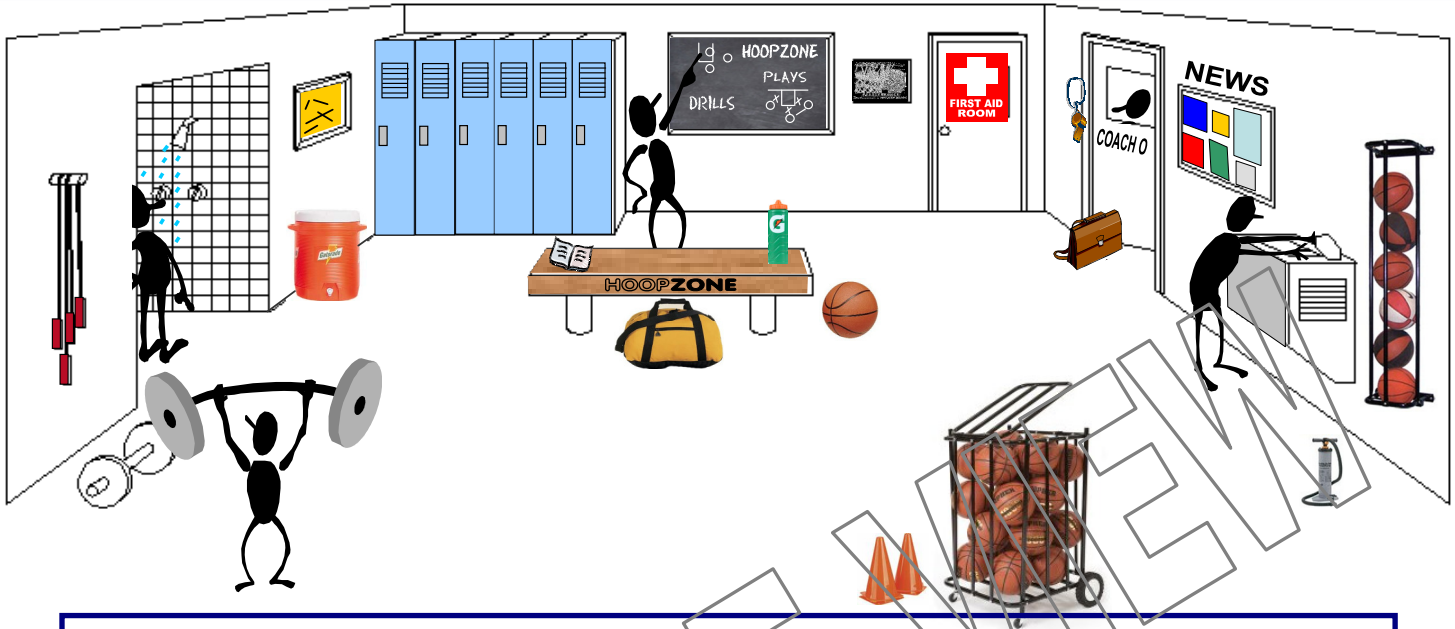
**You'll find it all at HOOPZONE!**

**START YOUNG,  
STAY COMMITTED,  
WATCH ME GO  
AT HOOPZONE!**

*"Set your mind on things above"  
Col 3:1*

# CAN YOU FIND?

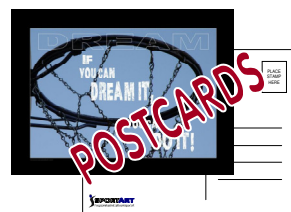
Look at picture below of the HOOPZONE locker room and the words below it. Circle the items in picture you see of the words below.



## CIRCLE AREAS ABOVE THAT ARE NOTED BELOW

1. A place to get cleaned up?
2. Where would you store your cloths at when you are playing?
3. What would you use to jump with?
4. Where is coach's whistle?
5. Where would the coach draw to explain to his team how to do things?
6. Where can you sit at?
7. If you get injured where would you go?

**HOOPZONE** hosts camps for all ages summer, fall and winter!



**SPORTART**

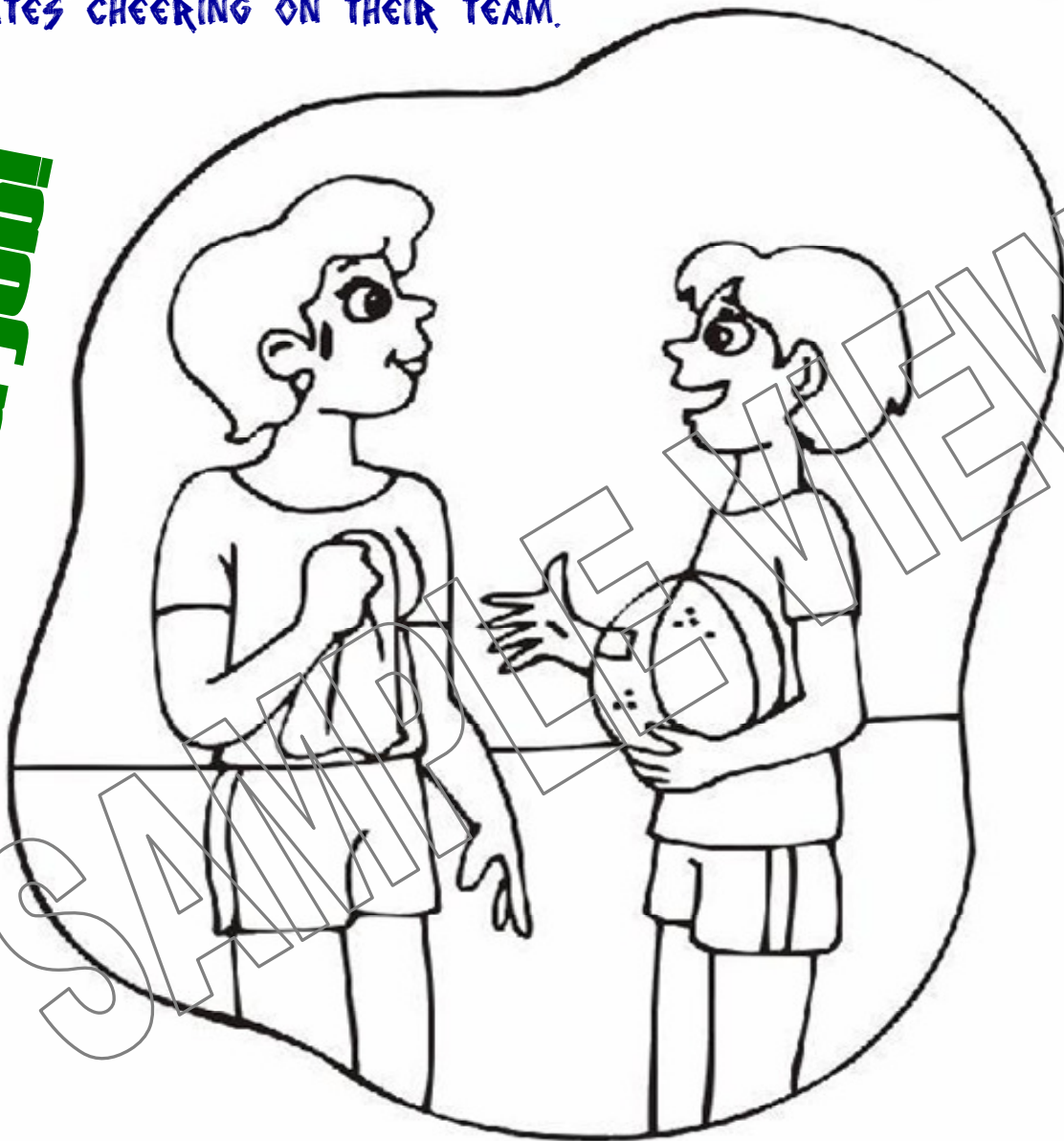
HOOPZONE motivational / inspirational artworks for your ball player. See them all at [www.hoopzonebasketball.com/sportart](http://www.hoopzonebasketball.com/sportart)

# COLOR TIME

GET YOUR CRAYONS OR MARKERS OUT  
AND COLOR THIS PICTURE SHOWING  
TEAMMATES CHEERING ON THEIR TEAM.

**Be positive**

**Good job!**



**Encourage**

## BE A GOOD TEAMMATE

**SHOW THEM YOU CARE**

**GO  
TEAM!**