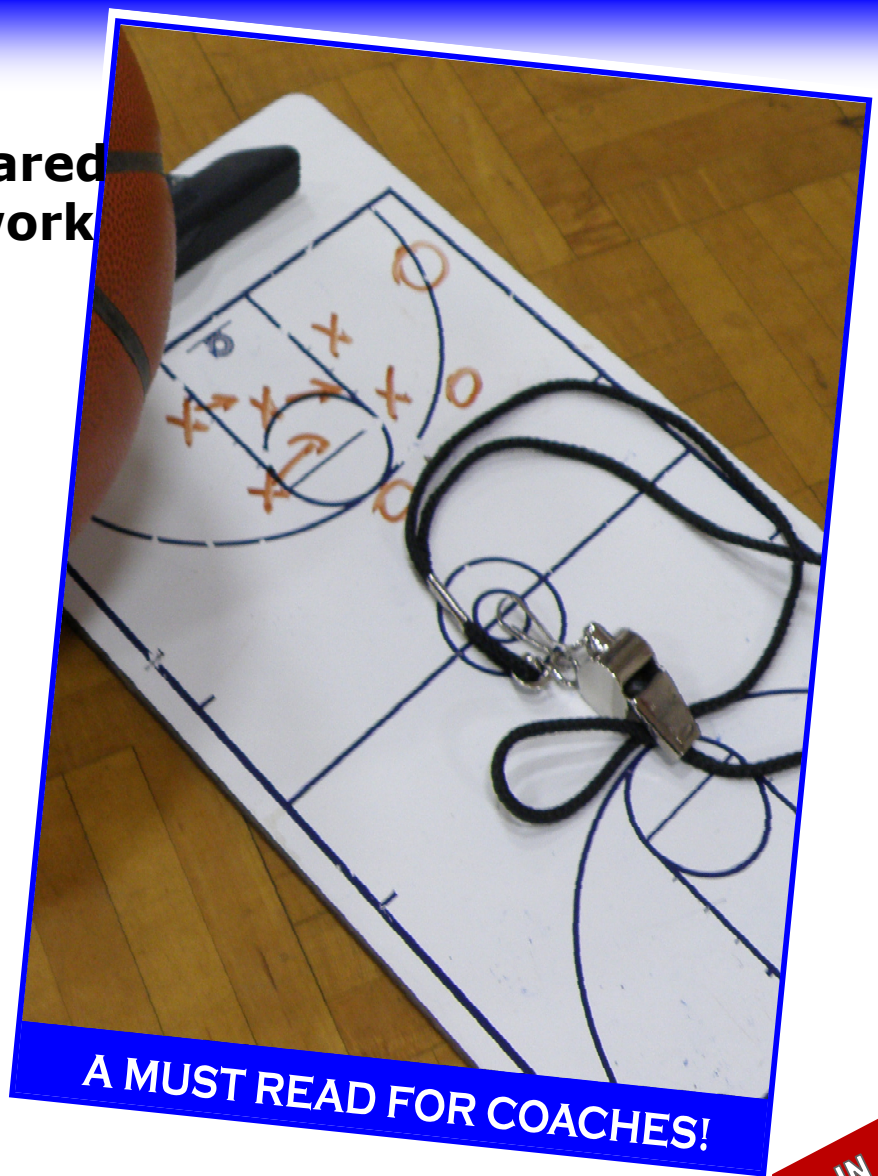


# COACHING TIPS

**Start right and stay right!**

**Organized & Prepared  
Promoting Teamwork  
Communication!  
Sportsmanship  
Striving for These  
Involving Parents  
Involving Players  
Winning & Losing  
Fairness  
Practice**



**A MUST READ FOR COACHES!**

By  
**Bruce Owens**

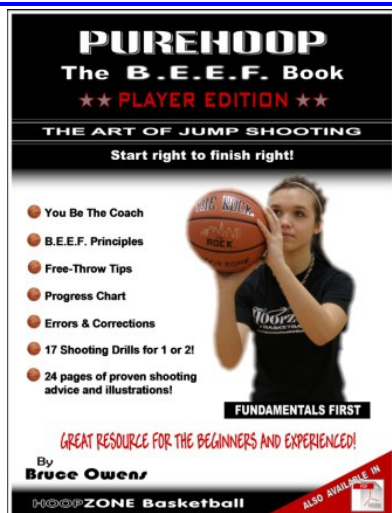
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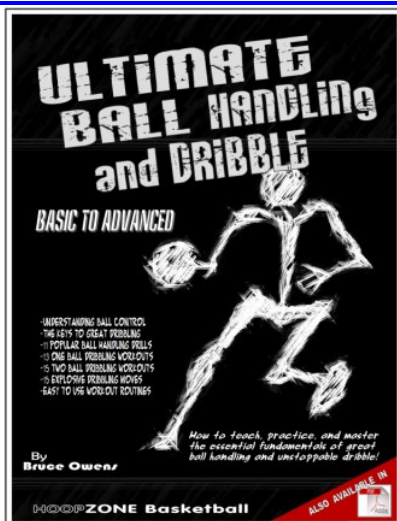
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### ULTIMATE BALL HANDLING AND DRIBBLE

Ball handling is one of the four essential elements of the fundamentals that every player needs to learn. This book is to help young players gain the confidence that they need to ask for the ball, get it and then do something with it during the game.

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**Organized and Prepared:**

- > Practice plans
- > Concept of what drills and skills to teach
- > On time to games and practices

**Promoting Teamwork & a Positive Environment:**

As a coach your most important job is to create an environment that promotes team unity and team spirit. This is accomplished by understanding that you now have a group of kids with different skills, needs and interest and you must guide them to work together, to blend their talents yet appreciating them as individuals. As I'm sure you know each coach has their own style and philosophies on the game, but the main idea of practice should be that drills involve lots of movement and touches to on the ball. A coach must not only get players but their parents enthusiastic about the team by creating an atmosphere that is fun and supportive not dictatorial. Let your players know that it is OK to make mistakes and that it is more important how they deal with those mistakes. Just know that praise and encouragement will always get you further than yelling or tearing down your players. Yes, coaching does involve criticism, but make your criticism constructive and never let your players or your parents criticize other players or officials.

**Communication! Communication! Communication!**

- > Phone calls to parents
  - Introduce yourself and practice information
  - Reminders of game and or practice changes
  - Reminder about pictures, banquets, tournament games
- > Practice conversations with parents and players
  - Next practice reminders
  - Next game reminders
  - Things to work on at home
  - Individual tips for players
  - Drink and snacks if needed
- > Communication at games
  - Teaching and instructing of players
  - Encouragement of players at all times
  - Team huddle after game
  - Be active and involved