

100 TIPS FOR SUCCESSFUL BASKETBALL

A GREAT GUIDE FOR TIPS FROM SUCCESSFUL BASKETBALL LEGENDS

- General Tips
- Fundamental Tips
- Offensive Tips
- Defensive Tips
- Practice Tips
- Conditioning Tips
- Rebounding Tips
- Freethrow Tips
- Substitution Tips

By
Bruce Owens

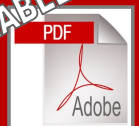
HOOPZONE Basketball



100 GREAT TIPS!

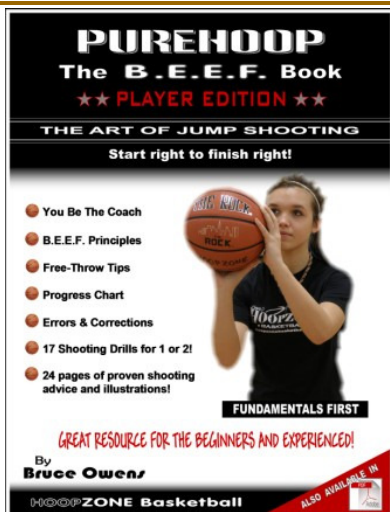
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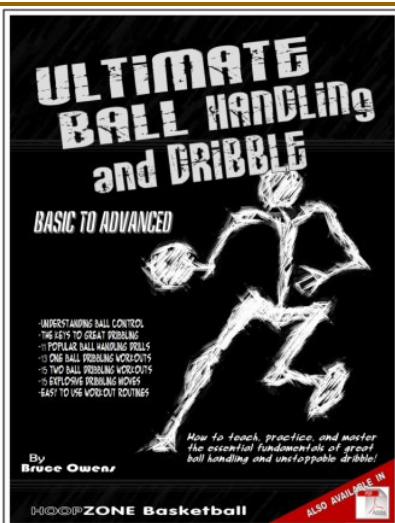
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GENERAL TIPS:

"Coaching is preparation"*Pete Carril*

"If you don't have time to do it right, when will you have time to do it over?"*John Wooden*

"Basketball is a thinking game but, as a coach, one of your major responsibilities is to take as many situations as possible out of thought processes and turn them into quick reactions requiring no thought at all"*Dick Divinzie*

"Tell them what you want done, not what you don't want done. We spend too much time telling them what they did wrong. We should spend more time telling them how we want it done."*George Raveling*

Surround yourself with the best assistant coaches possible. Don't be afraid that one of them will take your job. And when you surround yourself with good assistants, know when to get out of the way. When you surround yourself with good people, don't set a bunch of restrictions.

"I don't like sloppiness on or off the court. Players not only were well-groomed and dressed neatly on road trips, but also put towels in the towel basket and not on the floor, picked up soap and turned off their showers and put gum and candy wrappers in the wastebasket"*John Wooden*

"When you are speaking to your team after a game, never talk about the kid who was the star of the game. Talk about what your other players did to help the team win. Be sure to spread the wealth....then have individual meetings with one to three players to praise and reinforce. Make sure you touch them."*Mike Krzyzewski*

"At Boston University, I motivated negatively, and I found that although it can work at first, by the end of the year everyone is dying for the year to end and you have lost them. The last two years at BU, I motivated positively and got much better results."*Rick Pitino*

"Every day you teach attitude."*Don Meyer*

"Leadership by all leads to leadership for none, and that spells chaos and confusion. You must be secure in your sense of unchallenged authority in order to be a real instrument in your team's success"*Jim Bondar*

When selecting a captain, choose the player who can lead and who can get things done for you. Don't leave the position of captain to a popularity contest that your best leader may not win.

**TO READ THIS GREAT BOOK IN ITS ENTIRETY
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