

Twelve Practical Ways to Love Your Wife and Family

1. Each day hug your wife tightly and tell her that you love her. Do the same with your children, regardless of how old they are.
2. Be quick to admit, "I am wrong, I am sorry, please forgive me."
3. Be quick to say, "I forgive you," when family members says they have been wrong.
4. Turn off the TV, turn to your wife, and ask her questions about her world.
5. Write notes of encouragement for each family member, mention you love them and are proud of them.
6. Surprise your wife. Plan a special night out.
7. Fix breakfast, or take your family out for breakfast, on a Saturday morning.
8. Continue to help meet the emotional needs of your spouse like we discussed last month.
9. Give focused attention when your spouse or child talks to you.
10. Send your wife flowers or buy her a special gift, just because.
11. Praise your spouse in front of your mutual friends.
12. Say and do things that tell your wife and family they are priority in your life.